

Position

the carrying positions

Cuddly [From birth]



This position is ideal for moving around while your baby is sleeping or breast-feeding. The Cuddly position will give the young baby womb-like warmth and surrounded feeling he/she requires at these initial stages.



1 Slide the outer strap, which crosses your chest, off your shoulder.

2 Using both hands spread the remaining strap wide open over your other shoulder and arm. Fold the fabric in half and gather it over your shoulder, creating a sling style pocket between the two layers of fabric

3 Carefully place the baby within the pocket you have just created

4 Pick up the strap you have slid off your shoulder and reposition it over your shoulder and across your baby.

5 Spread the fabric over the baby and your shoulder to achieve soft and secure support

6 Stretch the fabric strap with the logo over the baby to achieve the final position.

Tummyto Tummy [From birth]



When your baby is awake he/she might be happy to alter to this upright position (this can be easily done without having to untie the carrier). Unlike most upright carriers KARI ME does not place stress on the baby's spine because of the extra support given by the carrier's stretchy fabric along the carer and baby's bodies.



1 Slide the external strap, crossing your chest, off your shoulder.

2 With that arm, cradle your baby whilst supporting his head. At the same time, with your free hand, pull the remaining strap away from your chest.

3 Bring the baby up towards your chest and insert the strap in between the baby's legs and over his shoulder.

4 Spread the fabric wide to achieve a comfortable sitting area.

5 Pick up the strap you have slid off your shoulder and reposition it between the baby's legs.

6 Spread the fabric wide to achieve a comfortable sitting area.

7 Stretch the fabric strap with the logo over the baby to achieve the final position. To increase the carer's increase the fabric surface area over your waist or shoulders

Side [From sit up]



This hip position is great for older babies and toddlers. It mimics the all too common hip carrying but with no sore hand and back!



1 Place the fabric over your shoulder with the logo on your shoulder.

2 Tie the fabric using a **double** knot. How tight? If you stretch the fabric downwards it should not extend below the hip.

3 Move the double knot to the centre of your back. Tie the remaining strap loose around your waist

4 Create an opening between the carrier and your body for the child to fit inside.

5 The child's bottom should be placed against the carrier fabric as you sit him on your hip opposite the shoulder on which the fabric is placed on.

6 Twist the shoulder strap over once (by pulling the bottom edge up and over, and then the top edge down and under).

Side 2 [From sit up]



Another side position for older babies and toddlers.



1 Start by putting the baby in the huggy position (as in pages 10-11).

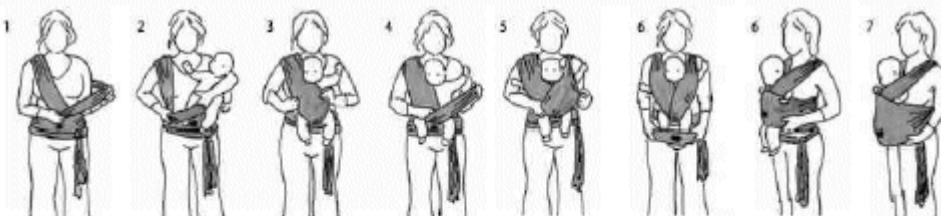
2 Shift the baby to one side until he sits comfortably over your hip.

3 Free the baby's arm at your front and leave the other arm under one of the shoulder straps. When the baby is asleep you can support his head with the strap that covers his arm. You can also cover the other arm for extra support.

Facing the World[From 4 months]



Babies just love to be carried facing out and exploring the world at an eye level. You can carry on with your chores: hanging the washings, pushing a shopping cart, swinging your older child, travelling and much more.



1 Slide the external strap, crossing your chest, off your shoulder.

2 Hold your baby using one hand facing away. Insert the remaining fabric strap between his legs and over his shoulder.

3 Spread the fabric wide to achieve a comfortable sitting area.

4 Pick up the strap you have slid off your shoulder and reposition it between the baby's legs and over his other shoulder.

5 Spread the fabric wide to achieve a comfortable sitting / leaning area. Ensure the fabric is comfortable around the baby's neck.

6 Stretch the fabric strap with the logo over the baby to achieve the final position.

7 On cold days or for better support, spread the fabric over the baby's legs and hands.

Back [From sitting up]



This position is particularly excellent for long trips with a toddler who is just too tired to walk. Using one shoulder strap to support the head they can even sleep in it!

1 Using both hands, place the carrier on your back with the logo facing out at the centre of your body.

2 Cross the straps at the front, and bring them to the back over your shoulders.

3 Using one hand hold the two straps and pass them under the belt (with the logo) at your back and across them.

4 Cross them again in front of your body.

5 Take one of the straps behind your back and tie them up using a **double knot** at your side.

6 Locate the strap which crosses externally at the back and slide it off your shoulder.








7 A second adult will hold the baby. Using one hand insert the fabric strap between his legs and over his shoulder.

8 Pick up the strap you have slid off your shoulder and reposition it between the baby's legs and over his other shoulder.

9 Spread the fabric wide to achieve a comfortable sitting area for the baby.

10 Stretch the fabric strap with the logo over the baby to achieve the final position.

11 On cold days spread the fabric wide to achieve better thermal protection. When the baby is sleeping you can support his head by covering it with one strap over your shoulder.

	Name	Description
	Kari Me Smart	Colour: Black
	Kari me Sea	Colour: Navy
	Kari Me Fun	Colour: Burgundy
	Kari Me Pure	Colour: Cotton
	Kari Me Sunshine	Colour: Ochre
	Kari Me Aqua	Colour: Turquoise
	Kari Me Calm	Colour: Lilac